

Meeting I.3



Module I outcome: The disciple establishes a meaningful rhythm of daily prayer.

DISCUSS your experiences in prayer since your last meeting. Share how God met with you through the prayer exercises and through His word. The discipler may feel free to suggest prayer strategies they have found successful in their own life.

Remember, by the end of this module, the goal is to establish a prayer rhythm that fits the disciple's personality and schedule. Finally, introduce the disciple to the *Field Guide for Daily Prayer* (available on the Resource page). This will expose the disciple to yet another helpful prayer rhythm.

ASSIGNMENT: Pray either Morning Prayer or Evening Prayer (or both) from the *Field Guide* each day for at least a week (if a *Field Guide* is not available, there are many resources like it online). Make note of any challenges, breakthroughs, or insights you gain from the Lord.

