

# Meeting 3.3



**Module 3 outcome: The disciple learns the value of denying themselves for the sake of God and others.**

**DISCUSS** Part 3 and the Conclusion of *The Selfless Way of Christ* using the questions below:

1. Talk about any part of the reading that impacted you. What phrases, sentences, or ideas challenged or inspired you?
2. “The discipline of the Christian disciple is not to master anything, but rather to be mastered by the Spirit” (p. 70). If this is true, how does that change the way you view discipleship?
3. Read the paragraph starting at the bottom of p. 74 and continuing onto p. 75. How does orienting our lives by the events in Christ’s life (his birth, death, resurrection, sending of the Spirit, etc.) add meaning to the other events in our lives?
4. “Reading the Scriptures is essential for anyone who wants to follow Christ on the road of downward mobility” (p. 76). What do you find are some of the biggest hurdles that keep you from a deeper engagement with the Scriptures? (Good news: Scripture is the focus of the next module!)
5. What is the difference between meditating on scripture and simply treating it as a “book among other books” (p. 77)?
6. “If we indeed desire to see God in and through the humiliated Christ...we need a pure heart, a heart free from the ‘oughts’ and ‘musts’ of our world” (pp. 83–85). How does prayer free us from the “oughts” and “musts” of the world?



**ASSIGNMENT:** Choose a fast to practice before the next meeting. It could involve fasting from one or two meals, or fasting from food for up to 72 hours (or more). If you've never fasted before, resist the urge to do some heroically large fast. Instead, pray and discuss with your discipler where you might begin.

Remember to drink plenty of water, and if other liquids are necessary, that's fine. Simply do what will allow you to move further in the direction of self-denial. As you fast, journal any challenges, temptations, thoughts, or prayers that come to mind as you devote that time to seeking God instead of satisfying the desires of the flesh.

